

Join with your congregation in this  
**12-Month Action Program to cut your household energy use.**

# Task of the Month

## Install and use a programmable thermostat.

Each month, participating congregations focus on one simple but meaningful action, and help all their members get it done.

At the end of the year, those who have completed the actions should be enjoying lower utility bills.

Properly using a programmable thermostat in your home is one of the easiest ways you can save energy and money. A programmable thermostat helps make it easy for you to save by offering four pre-programmed settings to regulate your home's temperature in both summer and winter - when you are asleep or away.



**Cost: \$22-\$100**

**Estimated Savings: \$60/yr**

**Difficulty: moderate**

